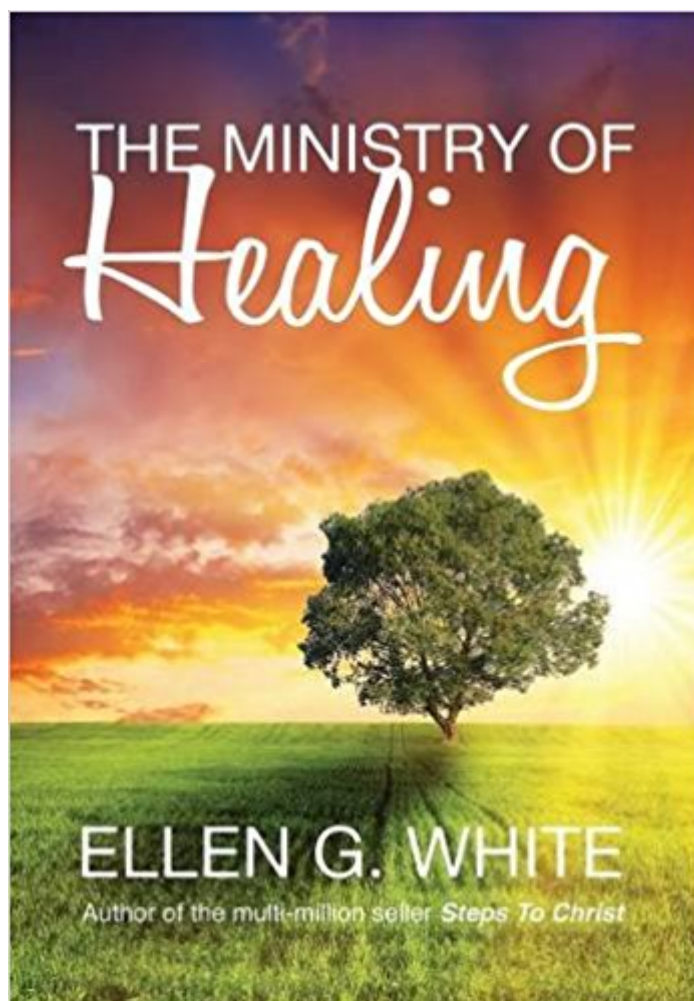


The book was found

The Ministry Of Healing



Synopsis

According to Wikipedia's list of the best selling books of all time, Ellen G. White's book, Steps to Christ has sold 62 million copies and her 5000 articles and 40 published books have been translated into more than 140 languages. In 1905 White's book, The Ministry of Healing was first published. In the preface she wrote; It is not the creator's purpose that mankind shall be weighed down with a burden of pain, that his activities shall be curtailed by illness, that his strength wane, and his life be cut short by disease. But all too frequently the laws established by God to govern the life are flagrantly transgressed; sin enters the heart, and man loses sight of his dependence upon God, the source of life and health. Then follow the penalties of transgression--pain, sickness, and death. This book emphasizes the link between diet and spiritual growth. It's a diet book, a self-help book, and a Christian spiritual guide all rolled into one, and it continues to be read widely to this day.

Book Information

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Customer Reviews

I've used this 19th Century book in a health seminar. It is a pioneering work, and its truths have been adopted with little credit given by the wholistic health movement in general. Ellen G. White was one of wholistic health's earliest proponents. This book is still modern; nothing in it is out of date. Kloss cites the Author Ellen G. White as a major influence, in his book Back to Eden. Ministry of Healing presents a wholistic approach to health, emphasizing a simple lifestyle and fundamental health habits. Ellen White, the author, is a good wordsmith. She avoids tangents, and sticks to the basics that provide 99 percent of what is necessary to live a healthy, fruitful life. She presents clear

discussions of family values, community approaches that preserve community health, exercise, whole vegetarian foods, food preparation that preserves food values, avoidance of vices including alcohol, tobacco, caffeine, and stimulating foods like black pepper and mustard, avoidance of unnecessary medicine, simple layman healing methods (she pioneered the use of water, hot and cold and sunlight as an adjunct to healing), and she searches the scriptures to find clear modern-day applications to health issues. You can heal yourself with the truths in this book. There is a health institute, Weimar Institute in California, that is based on the teachings of this book. As you read this book you'll experience an atmosphere of incredible light, both spiritually and physically. Her writing style is excellent, and very loving. She's helped me with my health, and I've passed on the truths she taught to many others.

This book is the most practical layman's book on health I have ever read. It's not a silly home remedies book. Nor is it a hard to understand technical manual. It gives plain and simple advice on how to live a healthy life. Everything from how to care for yourself and others when ill to what simple steps you can take to keep from getting ill to what kind of diet is best to how to take care of yourself when you're pregnant. Examples: Did you know it is best not to mix fruits and vegetables in a single meal? Do you know what differences in the dietary choices that are most beneficial for manual laborers and those best suited for mental laborers who wish to receive optimum results from their labor? Whomever you are, whether a searcher for physical health, mental health, or spiritual health, you will find this book both fascinating and easily applicable to your life. This book even contains practical advice for medical doctors!

The book, "Ministry of Healing" is not only a book which helps to cure sicknesses, but it prevents sickness. This book is clearly an inspired book which centers on spiritual sources of power for all healing. This book is the first, alternative to the bare New Age healers. This book centers on God as the sole source for power, and offers a 100% guarantee that all problems will be cured if taken to God. That guarantee in the book has urged many readers to read the other books by E.G.White. Her books are excellent sources of strength. All of her books are available at .Com

Like all of Ellen White's writings the language is that of the Victorian age, and might be difficult for modern readers to understand. However, the scope of the book, and the ideas it presents that apply to physical, mental, and spiritual health are well worth our attention and thought, and to realise the book was written before modern ideas on medical practice and psychological understanding had

changed so much, and written by a woman without advanced education and covering so many aspects of health and wellbeing, is cause for wonder. A very useful book that is well worth reading and then thinking about.

A must-have for those in healthcare, ministry or just interested in caregiving. Mrs White writes in plain language and easy to follow and administer. Coupled with a believer's adherence to scripture and practical knowledge allows both believers and non believers to aid the sick in our communities. Download to Kindle, smartphones and tablets. Inspiring reading.

Ellen G WHITE. 11/26/1827 to 7/16/1915. 7th day Adventist. GOD is working day by day, hour by hour, moment by moment to keep us alive, to build up and restore us. Here you will learn the LAWS of HEALTH-----simple rules that bring better living, happier living...into the home. Peace of heart. Our time here is short. We can pass thru this world but once, let us make the most of life. Sunlight-Air-Diet-Rest and Water. DO NOT--eat meat-dont kill animals, use tobacco, drugs or liquor. An interesting read. FOOD FOR THOUGHT !bbp okc ok 63 retired

The Chapter "Extremes in Diet" really helps balance dietary fluctuations. The whole book approaches each person as a spiritual whole. Of course, the context is Christian. It is absolutely amazing that this book was written over a hundred years ago, and most all the principles in the book have eventually been substantiated. For example, she took an anti-tobacco stance, and obviously, no one promotes tobacco for health anymore. There are more controversial stands, but knowing her track record, it would be wise to err on the side of her writings. . .

This is an easy book to read, is divided into smaller sub-chapters for breaking up reading for a quickie read in a doctor's office or you can continue as long as you want. It talks about Jesus as the divine healer, explains many of the Bible stories, and then talks about our responsibilities to others and ourselves in terms of taking care of our health. It was the book that convinced me to go into nursing many years ago and I've never regretted it. Truly an inspired book for our days.

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